

## Electronic Health Records Family Planning

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## **Family Planning Case Study**

On June 1, 2011 Birth-Control, Client (age 16) called into the local Family Planning clinic to schedule an appointment to discuss birth control. An appointment was scheduled for June 6, 2011 at 2pm.

On June 6, Birth-Control, Client met with the Family Planning nurse for her appointment. An assessment was completed regarding this client's reproductive history. It was revealed that this client has a regular period since the age of 12. The client stated that she has been sexually active since age 13 and in January 2008 she had a therapeutic abortion (TAB). The client indicated that she has never had a PAP smear/pelvic exam completed. The client also indicated that she has never used a form of birth control, including condoms.

This client was educated regarding family planning methods available, the importance of PAP/pelvic exams and risk/prevention of sexually transmitted infections (STIs).

This Family Planning Nurse made an appointment for the clinic physician to complete a PAP/pelvic exam on June 7 at 10am at the local clinic. The Family Planning Nurse made another follow up appointment with family planning for June 20 at 1pm to review the results of the PAP/pelvic exam and to dispense birth control.

On June 20, 2011 the client returned to the Family Planning Clinic. The nurse reviewed the results of the PAP/pelvic exam with the client indicating that the results were within normal limits. The client indicated that she would like to use Depo-Provera as her form of birth control. The nurse educated the client again, regarding use of Depo-Provera along with its side effects. The nurse administered an IM injection of Depo-Provera in the left deltoid. The nurse made a follow-up appointment for 3 months later for the client to receive her next dose of birth control. The nurse also gave this client condoms and educated her that she would still need to use condoms to prevent sexually transmitted infections.

## Family Planning Pathway

Problem	Category	Target	Guide
Family planning	Assess (Surv)	medical/dental care	PAP/Pelvic Exams
Family planning	Assess (Surv)	medical/dental care	sexually transmitted infection Hx
Family planning	Assess (Surv)	family planning care	adverse effects of method
Family planning	Assess (Surv)	family planning care	follow guidelines of method
Family planning	Assess (Surv)	family planning care	reproductive history
Family planning	Assess (Surv)	family planning care	sexual history
Family planning	Perform (T&P)	medication administration	Depo Provera
Family planning	Perform (T&P)	medication administration	insert vaginal ring
Family planning	Perform (T&P)	medication administration	oral contraceptives
Family planning	Perform (T&P)	medication administration	patch
Family planning	Perform (T&P)	medication administration	ring
Family planning	Perform (T&P)	family planning care	dispense barrier methods
Family planning	Perform (T&P)	family planning care	pregnancy test
Family planning	Teach (TGC)	screening procedures	importance of regular PAP/pelvic exam screenings
Family planning	Teach (TGC)	anatomy/physiology	reproductive system
Family planning	Teach (TGC)	family planning care	barriers to using birth control
Family planning	Teach (TGC)	family planning care	methods
Family planning	Teach (TGC)	family planning care	preferences
Family planning	Teach (TGC)	family planning care	resources
Family planning	Teach (TGC)	family planning care	safe sex methods
Family planning	Teach (TGC)	family planning care	sexually transmitted disease prevention

Family planning	Manage (CMgt)	medical/dental care	refer for emergency contraception
Family planning	Manage (CMgt)	medical/dental care	refer to local clinic for sterilization
Family planning	Manage (CMgt)	family planning care	refer to family planning clinic
Family planning	Manage (CMgt)	family planning care	refer to local clinic for PAP/pelvic exam

# Visit Report

Client 101BIRTHCONTROL Birth-Control, Client Visit date 06/06/2011

## Visit

### Activity Details

Start time: 02:00 PM  
End time: 03:00 PM  
Service: Assessment  
Employee: Smith, David  
Activity Summary: family planning assessment completed  
plan:  
1. appt for PAP/Pelvic made for 6/7/11 at 10am  
2. F/U appt for family planning clinic on 6/20/11 at 1pm

### Files

Women's Health (BCCP)

Human Services

ADRC

Nutrition

EH Residence Septic/Well

EH Restaurant/Retail Food Service Inspection Report

EH Restaurant Inspection Report Temps and

Violations

Ahlers

### Pathways

Family Planning

### Problems

#### Family planning

Priority: High  
Severity: Actual  
Scope: Individual

#### Signs/Symptoms

- inappropriate/insufficient knowledge about family planning methods
- inaccurate/inconsistent use of family planning methods

Knowledge: 1 - No knowledge  
Behavior: 1 - Not appropriate  
Status: 3 - Moderate signs/symptoms  
Identified: 06/06/2011

### Interventions

#### Assess (Surveillance)

##### medical/dental care

PAP/Pelvic Exams

Notes: client states that she has never had a PAP or pelvic exam

sexually transmitted infection Hx

Notes: client states she has never used a birth control method; client also states that she does not use condoms as the guys state they don't like using them

##### family planning care

reproductive history

Notes: G1

P0

TAB 1

sexual history

Notes: client states that she became sexually active at age 13

### Teaching, Guidance and Counseling

#### screening procedures

importance of regular PAP/pelvic exam screenings

#### anatomy/physiology

reproductive system

#### family planning care

barriers to using birth control

methods

preferences

safe sex methods

sexually transmitted disease prevention

### Case Management

#### family planning care

refer to family planning clinic

Notes: appt for f/u of results of pap/pelvic for 6/20 at 1pm

refer to local clinic for PAP/pelvic exam

Notes: appt made for 6/7/11 at 10am

### Problems Not Addressed At This Time

### Vitals

General

Pregnancy

Post-Partum

Child

Lifestyles (Custom Tab 1)

Domestic Violence (custom Tab 2)

Family Planning (custom tab 4)

Wound Care

TB

Health History/Risks

Signature: \_\_\_\_\_

# Visit Report

Client 101BIRTHCONTROL Birth-Control, Client Visit date 06/20/2011

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## Visit

### Activity Details

Start time: 01:00 PM  
End time: 02:00 PM  
Service: Assessment  
Employee: Smith, David  
Activity Summary: f/u appt with client for results of pap/pelvic  
Plan:  
1. appt for 3 month depo shot

Notes: condoms given  
pregnancy test

Notes: urine screen-negative

### Teaching, Guidance and Counseling

family planning care  
methods

Notes: reviewed SE and important information about depo's use  
safe sex methods  
sexually transmitted disease prevention

## Files

Women's Health (BCCP)

Human Services

ADRC

Nutrition

EH Residence Septic/Well

EH Restaurant/Retail Food Service Inspection Report

EH Restaurant Inspection Report Temps and

Violations

Ahlers

### Case Management

family planning care

refer to family planning clinic

Notes: referred for f/u depo shot in three months

### Problems Not Addressed At This Time

## Pathways

Family Planning

## Vitals

General

Pregnancy

Post-Partum

Child

Lifestyles (Custom Tab 1)

Domestic Violence (custom Tab 2)

Family Planning (custom tab 4)

Wound Care

TB

Health History/Risks

## Problems

### Family planning

Priority: High  
Severity: Actual  
Scope: Individual

### Signs/Symptoms

- inappropriate/insufficient knowledge about family planning methods
- inaccurate/inconsistent use of family planning methods

Knowledge: 3 - Basic knowledge  
Behavior: 1 - Not appropriate  
Status: 3 - Moderate signs/symptoms  
Identified: 06/06/2011

## Interventions

### Assess (Surveillance)

#### medical/dental care

PAP/Pelvic Exams

Notes: client stated that she went to her appt for the PAP/pelvic; states she was really nervous about going; stated that it did not hurt as much as she thought and the MD was really nice with her

#### family planning care

follow guidelines of method

Notes: client states that after review of all methods she would like depo as she feels she would forget to take the pill every day; states that most of her friends use depo

### Treatments and Procedures

#### medication administration

Depo Provera

Notes: IM in left deltoid

#### family planning care

dispense barrier methods

Signature: \_\_\_\_\_