

Electronic Health Records Home Care Client

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Home Care, Client Case Study

Home Care, Client (HC1000)

Client is a 90 year old female that was discharged from the hospital on 11/9/2010 after being admitted with pneumonia. This client has a history of atrial fibrillation and an ankle decubitus ulcer. This client is currently taking the following medications:

- Albuterol 50mg solution 3 times a day (started 1/1/2005)
- Coumadin 2.5 mg on Monday, Wednesday and Friday (started on 1/1/2006)
- Lamacil to coat no more than 2 times per day (started on 1/1/2009)
- Tylenol 650 mg as needed (started on 1/1/1998)

The Belmont County Home Care Program received a referral for this client after she was discharged from the hospital. On November 11, 2010, she received an in-home comprehensive assessment to determine this client's needs by nurse Humphrey Bogart.

The client indicated that she was very disoriented during her latest hospitalization. She stated, "It was so frightening. I just didn't know where I was. The nurses were so nice to me. I am thankful they were there!" The client states that she gets short of breath while walking around the house. The client indicated that while she does live alone in her house, her daughter and niece visit her daily to assist with her activities of daily living. The client mentioned that she used to play cards three times a week and attend church on Sundays but has been unable to resume these activities since she was discharged. She stated, "I'm just not recovered from being in the hospital. I am still so weak." The client said that she used to take walks outside daily but doesn't feel she has the energy to resume her walks. The nurse asked the client if she has been eating well. The client said, "I get by. It has been more difficult preparing my food since I got home. My appetite is not what it was before either."

During the assessment, it was noted that the client wears corrective glasses, uses a hearing aid, and has no issues with her urinary or bowel function.

The client has a history of hypothyroidism and atrial fibrillation. She experiences chest pain which she takes Tylenol for as needed. In addition, she is using an anti-fungal cream for a rash in her abdominal crease. The rash is improving.

The client also has a stage 3 decubitus ulcer on her ankle with a dressing that is changed daily. A picture was taken of the wound.

The nurse notes that referrals will be made for PT, OT, speech therapy, respiratory therapy and nutritional support.

Vitals:

BP: 129/86	Edema: L pitting R pitting
Temp: 97	Lung Sounds: L -diminished
HR: 78	R – diminished; lower lobe crackle
Resp: 18	Blood Sugar: fasting

Wound Assessment:

Location: Ankle right outer	Wound: bed granulating
Stage: Stage 3	Drainage amt: Small
Length cm: 5.0	Drainage color: Serosanguinous
Width cm: 3.2	Drainage odor: Foul
Depth cm: 1.1	Dressing type: Bactroban applied and covered with telfa.

On November 15, 2010, a home visit was completed by nurse Humphrey Bogart. During the visit, this client’s pain level was assessed. The client’s wound was cleansed with normal saline, bactroban was applied to the scabbed areas and Telfa was applied. A picture of the wound was taken which appears to be improving. The rash on her abdominal crease is improving. It was discussed with the client that she had been evaluated by physical therapy (PT). Client says a PT visits daily and is performing strength exercises. Client is also using a three prong cane. Respiratory therapy was completed and client states that coughing has decreased but still expectorating small amounts of sputum. The nurse collected blood to run labs for INR. The client states that Meals on Wheels has been delivering meals and her appetite is so much better. The client’s energy has been increasing since PT started with the strength exercises. She said, "that young man who is coming in to help me with my exercises is so nice." The client advised that her daughter will be away next week and her niece has been sick. The nurse will refer for home health aide for that week.

Vitals:

BP: 132/86	Edema: L 1+ R2+
Temp: 96.8	Lung Sounds: L -diminished
HR: 84	R – diminished; lower lobe crackle
Resp: 16	Blood Sugar: fasting

Wound Assessment:

Location: Ankle right outer	Wound: granulating
Stage: Stage 2	Drainage amt: Scant
Length cm: 4.1	Drainage color: Serous
Width cm: 2.5	Drainage odor: None
Depth cm: .5	Dressing type: Bactroban applied and covered with telfa.

On November 22, 2010 nurse Humphrey Bogart assigned a home health aide to provide morning shower bath, shampoo, dressing assistance and medication reminders. A joint home visit was made to orient Susie Aide.

Pneumonia pathway

Problem	Category	Target	Guide
Pain	Assess (Surv)	signs/symptoms-physical	control measures & effectiveness
Pain	Assess (Surv)	signs/symptoms-physical	pain level assessment
Pain	Teach (TGC)	signs/symptoms-physical	pharmaceutical/non-pharmaceutical measures
Respiration	Assess (Surv)	signs/symptoms-physical	heart rate & rhythm; lung sounds; skin color/capillary refill; evidence of disease/infection
Respiration	Assess (Surv)	signs/symptoms-physical	shortness of breath; sputum color, amount, and characteristics; cough
Respiration	Assess (Surv)	infection precautions	practices; preventive measures
Respiration	Assess (Surv)	mobility/transfers	mobility/transfers; need for HHA/OT/PT
Respiration	Assess (Surv)	medication administration	inhalation therapy use/side effects; compliance
Respiration	Assess (Surv)	medication administration	need for O2 therapy; compliance
Respiration	Assess (Surv)	dietary management	weight; intake and output; skin turgor; need MOW
Respiration	Assess (Surv)	laboratory findings	lab results, need for sputum specimen
Respiration	Perform (T&P)	respiratory care	respiratory treatment
Respiration	Perform (T&P)	medication set-up	med set-up
Respiration	Perform (T&P)	specimen collection	lab collections prn
Respiration	Teach (TGC)	infection precautions	clean hands/house; avoid sick people
Respiration	Teach (TGC)	respiratory care	spirometry use; positioning; turn, cough, and deep breathe
Respiration	Teach (TGC)	mobility/transfers	conserve energy; expect long rehab
Respiration	Teach (TGC)	medication administration	inhalation therapy; antibiotic use/side effects; OTC use
Respiration	Teach (TGC)	dietary management	adequate nutrition/hydration; small/frequent meals
Respiration	Teach (TGC)	anatomy/physiology	disease process; when to call provider
Respiration	Teach (TGC)	behavior modification	avoid allergens, smoke & temp extremes
Respiration	Manage (CMgt)	signs/symptoms-physical	notify provider with continued/increased side effects
Respiration	Manage (CMgt)	medication coordination/ordering	obtain refills in a timely manner; communicate with pharmacist/other providers
Respiration	Manage (CMgt)	specimen collection	call provider for lab orders and with results
Respiration	Manage (CMgt)	behavior modification	smoking cessation
Respiration	Manage (CMgt)	respiratory therapy care	schedule/provide services
Respiration	Manage (CMgt)	durable medical equipment	assistive devices
Respiration	Manage (CMgt)	durable medical equipment	oxygen; nebulizer

Assessment pathway

Problem	Category	Target	Guide
Income	Assess (Surv)	finances	income versus expenses
Sanitation	Assess (Surv)	environment	cleanliness
Residence	Assess (Surv)	home	state of repair; adequacy of space; accessibility, safety
Communication with community resources	Manage (CMgt)	social work/counseling care	evaluation
Social contact	Assess (Surv)	support system	adequate/appropriate
Interpersonal relationship	Assess (Surv)	stress management	coping ability
Spirituality	Assess (Surv)	spiritual care	adequate/appropriate
Mental Health	Assess (Surv)	signs/symptoms-mental/emotional	adequate/appropriate
Caretaking/parenting	Assess (Surv)	support system	need for; adequate/appropriate
Neglect	Assess (Surv)	signs/symptoms-physical	evidence of
Neglect	Assess (Surv)	signs/symptoms-mental/emotional	evidence of
Abuse	Assess (Surv)	signs/symptoms-physical	evidence of
Abuse	Assess (Surv)	signs/symptoms-mental/emotional	evidence of
Hearing	Assess (Surv)	signs/symptoms-physical	hearing loss; evidence of disease/infection
Vision	Assess (Surv)	signs/symptoms-physical	diminished vision; evidence of disease/infection
Speech and language	Assess (Surv)	communication	speech/language abilities; need for ST
Speech and language	Manage (CMgt)	speech and language pathology care	schedule/provide services
Oral health	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection
Cognition	Assess (Surv)	signs/symptoms-mental/emotional	orientation; memory/recall; behavioral changes; affect
Pain	Assess (Surv)	signs/symptoms-physical	pain scale to determine severity; frequency/duration; effectiveness of all control measures
Skin	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection or healing
Neuro-musculo-skeletal function	Assess (Surv)	signs/symptoms-physical	need for PT/OT
Neuro-musculo-skeletal function	Manage (CMgt)	physical therapy care	schedule/provide services
Neuro-musculo-skeletal function	Manage (CMgt)	occupational therapy care	schedule/provide services
Respiration	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection; lung sounds; need for respiratory therapy
Respiration	Manage (CMgt)	respiratory therapy care	schedule/provide services
Circulation	Assess (Surv)	signs/symptoms-physical	evidence/history of disease

Problem	Category	Target	Guide
Digestion-hydration	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection
Bowel function	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection
Urinary function	Assess (Surv)	signs/symptoms-physical	evidence of disease; incontinence/enuresis; retention
Communicable/infectious condition	Assess (Surv)	signs/symptoms-physical	evidence of disease/infection
Nutrition	Assess (Surv)	signs/symptoms-physical	intake and output; body mass index (BMI); need for home delivered meals
Nutrition	Manage (CMgt)	dietary management	home-delivered meals
Nutrition	Manage (CMgt)	nutritionist care	schedule/provide services
Sleep and rest patterns	Assess (Surv)	rest/sleep	amount/intervals
Physical activity	Assess (Surv)	exercises	type/amount
Personal care	Assess (Surv)	personal hygiene	adequate-appropriate need for assistance
Substance use	Assess (Surv)	substance use cessation	history of
Health care supervision	Assess (Surv)	medical/dental care	adequate/appropriate
Health care supervision	Manage (CMgt)	medical/dental care	schedule/provide services
Medication regimen	Assess (Surv)	medication administration	takes medications as prescribed/recommended
Medication regimen	Assess (Surv)	medication action/side effects	evidence of
Medication regimen	Manage (CMgt)	medication coordination/ordering	communicate with pharmacist/other providers

Cardiac mini-pathway

Problem	Category	Target	Guide
Circulation	Assess (Surv)	signs/symptoms-physical	apical /radial pulses; BP sit/stand; results of pulse oximeter recordings
Circulation	Assess (Surv)	signs/symptoms-physical	edema; color/capillary refill; pulses; heart/lung sounds
Circulation	Assess (Surv)	signs/symptoms-physical	Jugular vein distension; signs & symptoms of decreased cardiac output, arrhythmia
Circulation	Assess (Surv)	medication action/side effects	digoxin toxicity; signs & symptoms bleeding; need O2
Circulation	Assess (Surv)	dietary management	signs or symptoms high or low K+, vit K
Circulation	Perform (T&P)	specimen collection	PT/INR labs; digoxin toxicity
Circulation	Teach (TGC)	signs/symptoms-physical	cardiac complications; record daily pulse/BP; when to notify providers; report chest pain
Circulation	Teach (TGC)	positioning	elevate legs; TEDS stocking use;
Circulation	Teach (TGC)	medication action/side effects	digoxin toxicity; anticoagulant use/safety
Circulation	Teach (TGC)	dietary management	low Na/fat; I&O; K+; vit K; report weight increase

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Client Referral/Admission Data

Client HC1000 HomeCare, Client Case Study

Opened on 11/11/2010

Name and Address

Client number: HC1000
Opened on: 11/11/2010
Case status: Open
Born on: 06/09/1921
Social security number: 471-89-6423
Last name: HomeCare
First name: Client Case Study
Address 1: 123 Main St
City: Moorhead
State: MN
Zip code: 56560
Home phone: 218-233-4578
Cell phone: 218-233-4689

Route: Topical
Frequency: Daily
Started On: 11/02/2010
Notes: apply to Ankle Ulcer
Coumadin
Dose: 2.5mg
Route: Oral
Frequency: Monday, Wed., Friday
Started On: 01/01/2006
Lamicyl Ointment
Dose: 1 layer
Route: Topical
Frequency: no more than 2 x day
Started On: 01/01/2009
Notes: Ointment amount just to coat, under breasts for rash

Admission

Assigned Employees:
Aide, Susie
Bogart, Humphrey
Physicians (Health Care Providers):
Clinic Physician, Dr.
Internist, Robert
Programs:
Home Care (11/11/2010 - [blank])
Diagnoses:
486 - Pneumonia, organism NOS (11/03/2010)
70706 - Pressure ulcer, ankle (11/05/2010)
42731 - Atrial fibrillation (04/09/2009)
Referral: Transfer from a Hospital facility
Medicaid no: 1345612332
Medicare no: 471-89-6423
Directions to home: Turn left at the Kwik Trip

Tylenol
Dose: 650 mg
Route: Oral
Frequency: as needed
Started On: 01/01/1998

Discharge
General notes
Files

Demographics

Gender: Female
Race: White
Marital status: Widowed
Location: Home
Housing type: House - Own
Living arrangement: Lives Alone
No in household: 1
Language 1: English
Employment status: Retired
Education level: Grade 12

Contacts

England, Georgia

Relationship: Daughter
Work Phone: 218-233-7531
Home Phone: 218-233-5678
Mobile Phone: 218-233-7465

Allergies

No Known Allergies

Medications

Albuterol

Dose: 50 mg
Route: Inhaler
Frequency: 3 times a day
Started On: 01/01/2005

Bactroban

Dose: 1 layer

Visit Report

Client HC1000 HomeCare, Client Case Study

Visit date 11/11/2010

Visit	Interventions
Activity Details Start time: 09:15 AM End time: 11:15 AM Service: Assessment Employee: Bogart, Humphrey Homebound?: Yes Activity summary: Discharged from hospital post pneumonia, History of A-Fib and hypothyroidism	Assess (Surv) <u>spiritual care</u> adequate/appropriate Notes: Daughter takes her to church weekly
Files	Mental Health Severity: Potential Knowledge: 3 - Basic knowledge Behavior: 4 - Usually appropriate Status: 5 - No signs/symptoms Identified: 11/11/2010 Problem notes: Has history of mild to moderate depression. States, "That was after my husband died two years ago". State is better now.
Pathways Assessment Homecare	
Problems Income Priority: Low Severity: Actual Scope: Family Signs/Symptoms • low/no income Knowledge: 3 - Basic knowledge Behavior: 4 - Usually appropriate Status: 3 - Moderate signs/symptoms Identified: 11/11/2010	Interventions Assess (Surv) <u>signs/symptoms-mental/emotional</u> adequate/appropriate
Interventions Assess (Surv) <u>finances</u> income versus expenses Notes: expenses are being covered by their income	Caretaking/parenting Severity: Adequate Identified: 11/11/2010 Problem notes: Daughter comes in daily and sets up medications, basic hygiene needs and dresses.
Residence Severity: Adequate Identified: 11/11/2010	Interventions Assess (Surv) <u>support system</u> need for; adequate/appropriate
Interventions Assess (Surv) <u>home</u> state of repair; adequacy of space; accessibility, safety	Neglect Severity: Adequate Identified: 11/11/2010
Social contact Severity: Adequate Identified: 11/11/2010 Problem notes: Daughter visits every day	Interventions Assess (Surv) <u>signs/symptoms-physical</u> evidence of <u>signs/symptoms-mental/emotional</u> evidence of
Interventions Assess (Surv) <u>support system</u> adequate/appropriate	Hearing Priority: Low Severity: Actual Scope: Individual
Spirituality Severity: Adequate Identified: 11/11/2010	Signs/Symptoms • difficulty hearing speech in large group settings • difficulty hearing high frequency sounds • abnormal results of hearing screening test Knowledge: 3 - Basic knowledge Behavior: 4 - Usually appropriate Status: 3 - Moderate signs/symptoms Identified: 11/11/2010

Problem notes: Was seen by audiologist and has hearing aids. Hearing adequate with hearing aids.

Interventions

Assess (Surv)

signs/symptoms-physical

hearing loss; evidence of disease/infection

Vision

Priority: Low
Severity: Actual
Scope: Individual

Signs/Symptoms

- difficulty seeing small print/calibrations
- difficulty seeing close objects

Knowledge: 4 - Adequate knowledge
Behavior: 4 - Usually appropriate
Status: 3 - Moderate signs/symptoms
Identified: 11/11/2010
Problem notes: Wears corrective lenses, vision adequate with correction.

Interventions

Assess (Surv)

signs/symptoms-physical

diminished vision; evidence of disease/infection

Speech and language

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

communication

speech/language abilities; need for ST

Oral health

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

signs/symptoms-physical

evidence of disease/infection

Cognition

Severity: Potential
Knowledge: 3 - Basic knowledge
Behavior: 4 - Usually appropriate
Status: 5 - No signs/symptoms
Identified: 11/11/2010
Problem notes: Experienced confusion during recent hospitalization. "It was so frightening! I just didn't know where I was. The nurses were so nice to me. I am so thankful they were there."

Interventions

Assess (Surv)

signs/symptoms-mental/emotional

orientation; memory/recall; behavioral changes; affect

Pain

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- expresses discomfort/pain

Knowledge: 3 - Basic knowledge
Behavior: 4 - Usually appropriate
Status: 3 - Moderate signs/symptoms
Identified: 11/11/2010
Problem notes: States chest pain 3-4 of 10 without medication. Takes Tylenol PRN with good success.

Interventions

Assess (Surv)

signs/symptoms-physical

pain scale to determine severity; frequency/duration; effectiveness of all control measures

Notes: pain happening every night for 4 hr before pt gets to sleep
vital signs/blood pressure

Teach (TGC)

relaxation/breathing techniques

breathing techniques

Skin

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- lesion/pressure ulcer
- excessively dry
- pruritus

Knowledge: 3 - Basic knowledge
Behavior: 4 - Usually appropriate
Status: 3 - Moderate signs/symptoms
Identified: 11/11/2010
Problem notes: Has Stage 3 Ankle ulcer with daily dressing change. Uses anti-fungal cream in abdominal crease rash. States is improving.

Interventions

Assess (Surv)

signs/symptoms-physical

evidence of disease/infection or healing

Notes: Has rash in abdominal crease, applies antifungal cream BID

Perform (T&P)

dressing change/wound care

recommended technique
Notes: Ankle ulcer Stage 3. Cleansed with NS.
Applied bactroban to scabbed areas. Applied
Telfa.

schedule/provide services
Notes: Referred to respiratory therapy to eval and
treat.

Neuro-musculo-skeletal function

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- limited range of motion
- decreased muscle strength
- decreased coordination
- decreased muscle tone
- decreased balance

Knowledge: 3 - Basic knowledge
Behavior: 4 - Usually appropriate
Status: 4 - Minimal signs/symptoms
Identified: 11/11/2010
Problem notes: States "I'm just not recovered
from being in the hospital. I am
just still so weak"

Interventions

Assess (Surv)

signs/symptoms-physical
need for PT/OT

Manage (CMgt)

physical therapy care
schedule/provide services
Notes: Referral related to decreased strength and
balance. Appt made for tomorrow at 0900.

Respiration

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- abnormal breath patterns
- cough
- abnormal sputum
- noisy respirations
- abnormal breath sounds

Knowledge: 3 - Basic knowledge
Behavior: 3 - Inconsistently appropriate
Status: 3 - Moderate signs/symptoms
Identified: 11/11/2010
Problem notes: Moderate shortness of breath
with ambulation. Productive
cough with thick white secretions

Interventions

Assess (Surv)

signs/symptoms-physical
evidence of disease/infection; lung sounds; need
for respiratory therapy

Manage (CMgt)

respiratory therapy care

Circulation

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- irregular heart rate
- abnormal heart sounds/murmurs

Knowledge: 3 - Basic knowledge
Behavior: 3 - Inconsistently appropriate
Status: 4 - Minimal signs/symptoms
Identified: 11/11/2010
Problem notes: History of atrial fibrillation. Is
taking Coumadin.

Interventions

Assess (Surv)

signs/symptoms-physical
evidence/history of disease

Digestion-hydration

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

signs/symptoms-physical
evidence of disease/infection

Bowel function

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

signs/symptoms-physical
evidence of disease/infection

Urinary function

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

signs/symptoms-physical
evidence of disease; incontinence/enuresis;
retention

Nutrition

Priority: High
Severity: Health Promotion
Scope: Individual
Knowledge: 3 - Basic knowledge
Behavior: 4 - Usually appropriate
Status: 5 - No signs/symptoms
Identified: 11/11/2010

Problem notes: States "I get by. It has been more difficult preparing my food since I got home. My appetite is just not what it was before either"

need for assistance

Health care supervision

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

signs/symptoms-physical

intake and output; body mass index (BMI); need for home delivered meals

Notes: needs home delv meals; dau doesn't provide lunch

Manage (CMgt)

dietary management

home-delivered meals

Notes: Meals on Wheels will start on Monday

Sleep and rest patterns

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

rest/sleep

amount/intervals

Physical activity

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- sedentary life style
- inadequate/inconsistent exercise routine

Knowledge: 3 - Basic knowledge
Behavior: 3 - Inconsistently appropriate
Status: 3 - Moderate signs/symptoms
Identified: 11/11/2010
Problem notes: States she doesn't have the energy to get out and walk

Interventions

Manage (CMgt)

physical therapy care

coordination among providers

Notes: Will discuss with PT to show her appropriate exercises

Personal care

Severity: Adequate
Identified: 11/11/2010
Problem notes: Daughter assists daily. When unavailable, niece comes in

Interventions

Assess (Surv)

personal hygiene

adequate-appropriate

Interventions

Assess (Surv)

medical/dental care

adequate/appropriate

Medication regimen

Severity: Adequate
Identified: 11/11/2010

Interventions

Assess (Surv)

medication administration

takes medications as prescribed/recommended

medication action/side effects

evidence of

Problems Not Addressed At This Time

Sanitation

Communication with community resources

Severity: Adequate
Identified: 11/11/2010
Problem notes: No barriers to understanding obtaining services

Interpersonal relationship

Abuse

Communicable/infectious condition

Substance use

Vitals

General

Blood pressure: 129/86
Temperature: 97.0
Pulse: 78
Respiration rate: 18
Adult height inches: 64.0
Adult weight lbs: 160
Adult body mass index: 27.5
Lung Sounds
Left: Diminished throughout
Right: Diminished throughout, Lower lobe crackles

Pregnancy

Post-Partum

Child

Pain Assessment

Location of pain: Lower chest area with breathing
What makes pain better?: Sitting in recliner and slow breathing
What makes pain worse?: walking
Pain level: 7

Wound Care

Location, describe: Ankle right outer
Thickness: Full Thickness
Stage: Stage III
Length in cm: 5.0
Width in cm: 3.2
Depth in cm: 1.1
Drainage Type: Serosanguineous
Drainage Amt: Small
Drainage Odor: Foul
Wound Bed: Granulation Tissue
Dressing Type: Bactroban applied and covered with telfa

Sign and date: _____

Visit Report

Client HC1000 HomeCare, Client Case Study

Visit date 11/15/2010

Visit	Scope: Individual
Activity Details	Signs/Symptoms
Start time: 10:00 AM	• abnormal breath patterns
End time: 10:55 AM	• cough
Service: Skilled Nursing	• abnormal sputum
Employee: Bogart, Humphrey	• noisy respirations
Homebound?: Yes	• abnormal breath sounds
Activity summary: Recent hospitalization for pneumonia and has ulcer on ankle. (Document here ONLY what you can't document elsewhere, DON'T duplicate your documentation)	Identified: 11/15/2010
Files	Interventions
Pathways	Assess (Surv)
Cardiac Mini , Pneumonia	<u>signs/symptoms-physical</u>
Problems	heart rate & rhythm; lung sounds; skin color/capillary refill; evidence of disease/infection shortness of breath; sputum color, amount, and characteristics; cough
Pain	Notes: States coughing is decreased. Continues to expectorate sm. amounts of thick creamy sputum.
Priority: High	<u>infection precautions</u>
Severity: Actual	practices; preventive measures
Scope: Individual	<u>medication administration</u>
Signs/Symptoms	inhalation therapy use/side effects; compliance need for O2 therapy; compliance
• expresses discomfort/pain	Perform (T&P)
Identified: 11/15/2010	<u>respiratory care</u>
Interventions	respiratory treatment
Assess (Surv)	Notes: Albuterol neb
<u>signs/symptoms-physical</u>	Teach (TGC)
pain level assessment	<u>infection precautions</u>
Notes: Level1/10 takes Tylenol 650 mg. as needed	clean hands/house; avoid sick people
Skin	<u>respiratory care</u>
Priority: High	spirometry use; positioning; turn, cough, and deep breathe
Severity: Actual	<u>mobility/transfers</u>
Scope: Individual	conserve energy; expect long rehab
Signs/Symptoms	<u>medication administration</u>
• lesion/pressure ulcer	inhalation therapy; antibiotic use/side effects; OTC use
• excessively dry	<u>dietary management</u>
• pruritus	adequate nutrition/hydration; small/frequent meals
Identified: 11/15/2010	<u>anatomy/physiology</u>
Interventions	disease process; when to call provider
Assess (Surv)	<u>behavior modification</u>
<u>signs/symptoms-physical</u>	avoid allergens, smoke & temp extremes
rash in abdominal crease	Circulation
Notes: Rash on abdominal crease improving. is applying antifungal cream BID	Priority: High
Perform (T&P)	Severity: Actual
<u>dressing change/wound care</u>	Scope: Individual
Ankle ulcer stage 3. Cleansed with NS. Applied bactroban to scabbed areas. Applied Telfa	Signs/Symptoms
Notes: Wound on ankle showing some improvement.	• edema
Respiration	• irregular heart rate
Priority: High	• abnormal heart sounds/murmurs
Severity: Actual	Identified: 11/15/2010
	Interventions
	Assess (Surv)
	<u>signs/symptoms-physical</u>

edema; color/capillary refill; pulses; heart/lung sounds

medication administration

correct schedule
correct technique
digoxin toxicity; s/s bleeding; need O2

dietary management

signs or symptoms high or low K+, vit K

Perform (T&P)

specimen collection

PT/INR labs; digoxin toxicity

Notes: For INR

Teach (TGC)

positioning

elevate legs; TEDS stocking use;

dietary management

low Na/fat; I&O; K+; vit K; report weight increase

Personal care

Priority: High
Severity: Actual
Scope: Individual

Signs/Symptoms

- difficulty with bathing
- difficulty dressing lower body
- difficulty dressing upper body

Identified: 11/15/2010

Problem notes: Her daughter will be out of town next week. Client's niece has been ill. Client will need HHA for next week to assist with hygiene and dressing in the morning.

Interventions

Manage (CMgt)

paraprofessional/aide care

schedule services

Notes: Scheduled HHA to come in AM and HS to assist with dressing and hygiene; also light housekeeping and assist with Breakfast.

Problems Not Addressed At This Time

Neuro-musculo-skeletal function

Priority: Low
Severity: Actual
Scope: Individual

Signs/Symptoms

- limited range of motion
- decreased muscle strength
- decreased coordination
- decreased muscle tone
- decreased balance

Identified: 11/15/2010

Problem notes: PT evaluated. Para coming in every afternoon for strengthening and balance exercises. Has three prong cane and appears to be using appropriately.

Nutrition

Priority: Low
Severity: Health Promotion
Scope: Individual
Identified: 11/15/2010
Problem notes: Meals on Wheels brings in evening meal each day. Client states if enjoyed the meals and eats most of what is sent. "My appetite is so much better".

Physical activity

Priority: Low
Severity: Actual
Scope: Individual

Signs/Symptoms

- sedentary life style
- inadequate/inconsistent exercise routine

Identified: 11/15/2010

Problem notes: "That young man who is coming in to help me with my exercises is so nice". States her energy level is improving.

Vitals

General

Blood pressure: 132/86
Temperature: 96.8
Pulse: 84
Respiration rate: 16
Adult weight lbs: 165
Edema left: 1+ Pitting: Yes
Edema right: 2+ Pitting: Yes
Lung Sounds
Left: Diminished throughout
Right: Diminished throughout, Lower lobe crackles

Pregnancy

Post-Partum

Child

Pain Assessment

Wound Care

Location, describe: Right outer ankle
Thickness: Full Thickness
Stage: Stage II
Length in cm: 4.1
Width in cm: 2.5
Depth in cm: 0.5
Drainage Type: Serous
Drainage Amt: Scant
Drainage Odor: None
Wound Bed: Granulation Tissue
Dressing Type: Applied bactroban and covered with telfa

Sign and date: _____

Assignments for Susie Aide as of 11/22/2010
(Supervised by Humphrey Bogart)

Agency: Bev Larson's Combined Sandbox

Address: 100 Memorial View Court
Onalaska, WI 54650

Phone: 507-388-4141

Fax: 507-388-4991

Client Number: HC1000

Opened on: 11/11/2010

Client name: Client Case Study HomeCare

Born on: 06/09/1921

Address: 123 Main St
Moorhead, MN 56560

Home phone: 218-233-4578

Cell phone: 218-233-4689

Directions: Turn left at the Kwik Trip

Physician(s): Dr. Clinic Physician
Robert Internist

Diagnoses: Pneumonia, organism unspecified (11/03/2010)
Pressure ulcer, ankle (11/05/2010)
Atrial fibrillation (04/09/2009)

Task	Notes
Help with dressing	assist with dressing AM; after baths if bath day
Medicaton reminders	Dau. will have set up meds; remind to take as set up. Notify nurse if more setup required.
Set hair	
Shampoo hair	1xweek
Shower bath	3xweek; wash carefully around the dressing on ankle. Keep dressing dry.
Skin care	observe skin for abrasions; sores or any possible sites of infection.

Edit supervision

Cancel

Save

Details

- Assigned employee • Aide, Susie present?
- Supervision discipline • Home Health Aide ▾
- Visit type • Orientation ▾
- Visit outcome
 - Goals for care being met
 - Staff/client/caregiver relationship assessed
- Next supervision on 11/29/2010
- All tasks reviewed

characters remaining: 342

This will be a short-term placement while daughter is out of town. AM hygiene, dressing and medication reminders were covered with Susie Aide and the client.

Task	Instructed by nurse	Written instructions given	Observed	Aide competent to perform skill
Help with dressing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Medication reminders	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Set hair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Shampoo hair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Shower bath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Skin care	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>