

### **HIV, Client (HIV1000) Case Study**

David Smith PHN received a referral from a local physician on March 11, 2010 for follow up of a recently diagnosed HIV client. Mr. HIV is a 33 year old male that was undergoing a routine new employee physical for a life insurance policy when blood tests revealed he was HIV positive.

David Smith, PHN calls Mr. HIV on March 15, 2010 to schedule an appointment for a home visit with Mr. HIV. Mr. HIV stated that he is off on Tuesdays in the afternoon. An appointment was scheduled for March 16, 2010 at 1pm.

David Smith, PHN visits Mr. HIV at his apartment. Mr. HIV states that he first learned of his diagnosis on February 15, 2010. Mr. HIV indicated that he works part time as a security guard. He lives alone in his apartment. Mr. HIV indicates that he is divorced with two children. He stated he is currently not seeing anyone nor is he sexually active. Mr. HIV states that he experimented when he was in his 20's with meth-amphetamines and marijuana. Mr. HIV states that he did share needles and believes that is likely where he acquired HIV. Mr. HIV indicated that his primary care physician started him on AZT and Ritonavir and admits that he has had problems in the past in remembering to take medications. Mr. HIV also indicated that it has been 10 years since his last use of methamphetamines or marijuana. Mr. HIV indicated that he drinks approximately 12 beers a week. David Smith, PHN advised Mr. HIV that he would like to schedule an appointment with the county TB physician to be evaluated and to determine if he is on the right course of HIV medications. Mr. HIV indicated that he had informed his ex-wife regarding this diagnosis. Mr. HIV stated that his ex-wife and two children were tested and found to be HIV negative. David Smith, PHN educated on infection precautions, different types of typical medications and side effects and left several educational pamphlets on HIV. The client asked appropriate questions and was interested in learning more as he indicated that he did not know much about HIV. Mr. HIV states that he makes enough money with his part time job to just pay monthly expenses and buy food. David Smith, PHN scheduled an appointment with the client for HIV clinic with the county HIV physician for March 30, 2010 at 10am. David Smith, PHN indicated that he would be his case manager and would be following Mr. HIV with monthly appointments.