

NFP Adult Pathway

By Karen Monsen & MerrieLynn Rice**
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<u>Problem</u>	<u>Category</u>	<u>Target</u>	<u>Guide</u>
Abuse	Surveillance	sign/symptoms physical	any physical evidence
Abuse	Surveillance	signs/symptoms mental/emotional	any behavioral evidence
Abuse	Surveillance	safety	abuse assessment screening, NFP protocol
Abuse	T G & C	safety	safety plan
Abuse	T G & C	signs/symptoms mental/emotional	effects of domestic violence on children/adults
Abuse	Case Management	social work/counseling care	schedule/provide services, coordination among providers, referral
Abuse	Case Management	support group	community based services
Caretaking/parenting	Surveillance	bonding/attachment	mutual responsiveness; eye contact
Caretaking/parenting	Surveillance	caretaking/parenting skills	parent-infant interaction: NCAST
Caretaking/parenting	Surveillance	caretaking/parenting skills	infant/child care
Caretaking/parenting	Surveillance	feeding procedures	techniques: breastfeeding
Caretaking/parenting	Surveillance	feeding procedures	techniques: bottle feeding
Caretaking/parenting	Surveillance	growth/development care	realistic expectations
Caretaking/parenting	Surveillance	safety	appropriate supervision; presence of safety hazards
Caretaking/parenting	Surveillance	stimulation/nurturance	verbal, visual, tactile, games/play/toys
Caretaking/parenting	T G & C	bonding/attachment	activities to promote, NFP protocol
Caretaking/parenting	T G & C	caretaking/parenting skills	infant/child care
Caretaking/parenting	T G & C	day care/respite	plan for regular day care, plan for emergency/alternative day care
Caretaking/parenting	T G & C	growth/development care	realistic expectations
Caretaking/parenting	T G & C	safety	car seats/seat belts
Caretaking/parenting	T G & C	safety	NFP protocol
Caretaking/parenting	T G & C	stimulation/nurturance	limit tv viewing
Caretaking/parenting	T G & C	stimulation/nurturance	day trips/outings
Caretaking/parenting	T G & C	stimulation/nurturance	verbal, visual, tactile, games/play/toys
Caretaking/parenting	Case Management	caretaking/parenting skills	parenting classes
Caretaking/parenting	Case Management	day care/respite	child center, other
Family planning	Surveillance	family planning care	follows guidelines of method
Family planning	Surveillance	family planning care	plan for ideal family
Family planning	T G & C	family planning care	methods & resources
Family planning	T G & C	family planning care	sexually transmitted disease prevention, NFP protocol
Family planning	Case Management	family planning care	method coordination/ordering/dispensing

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Health care supervision	Surveillance	medical/dental care	follows plan of care
Health care supervision	Surveillance	sickness/injury care	follows plan of care
Health care supervision	T G & C	wellness	importance of routine preventive evaluations
Health care supervision	T G & C	sickness/injury care	need for care and followup
Health care supervision	Case Management	medical/dental care	schedule/provide services, coordination among providers, referral

Interpersonal relationship	Surveillance	interaction	status of relationships
Interpersonal relationship	T G & C	support system	active listening
Interpersonal relationship	T G & C	support system	importance of support system

Income	Surveillance	education	education status
Income	Surveillance	finances	income vs expenses
Income	T G & C	education	education options
Income	T G & C	finances	community resources; budgeting, NFP protocol
Income	Case Management	finances	governmental health/social service assistance
Income	Case Management	finances	community resources

Mental Health	Surveillance	coping skills	choices, emotional response, NFP protocol
Mental Health	Surveillance	signs/symptoms mental/emotional	Depression Screen
Mental Health	Surveillance	signs/symptoms mental/emotional	any behavioral evidence
Mental Health	T G & C	coping skills	crisis intervention
Mental Health	T G & C	coping skills	relaxation techniques
Mental Health	T G & C	medication action/side effects	important to take as prescribed; purpose/benefits; changes to note and report in timely manner
Mental Health	Case Management	social work/counseling care	schedule/provide services, coordination among providers, referral
Mental Health	Case Management	support group	community-facility-based services

Postpartum	Surveillance	coping skills	ability to manage challenges
Postpartum	Surveillance	feeding procedures	breastfeeding observation
Postpartum	Surveillance	signs/symptoms physical	vital signs/blood pressure, NFP protocol
Postpartum	Surveillance	signs/symptoms mental/emotional	postpartum depression
Postpartum	Surveillance	support system	relationships, social support
Postpartum	T G & C	anatomy/physiology	common discomforts vs danger signs
Postpartum	T G & C	feeding procedures	breastfeeding support
Postpartum	T G & C	personal hygiene	breast/nipple care; bathing precautions
Postpartum	T G & C	rest/sleep	need for increased rest; need for assistance from family/others
Postpartum	T G & C	signs/symptoms physical	expected physiological changes; when to notify providers, NFP protocol
Postpartum	T G & C	signs/symptoms mental/emotional	expected emotional changes, baby blues, postpartum depression, NFP protocol

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Pregnancy	Surveillance	bonding/attachment	adjustment to pregnancy, NFP maternal role development
Pregnancy	Surveillance	dietary management	food availability
Pregnancy	Surveillance	dietary management	follows recommended diet
Pregnancy	Surveillance	signs/symptoms physical	danger signs, onset of labor, NFP protocol
Pregnancy	T G & C	anatomy/physiology	lactation preparation, NFP protocol
Pregnancy	T G & C	anatomy/physiology	normal pregnancy changes: common discomforts
Pregnancy	T G & C	bonding/attachment	emotional readiness for pregnancy, preparation for baby's physical needs, NFP role development
Pregnancy	T G & C	dietary management	recommended food and fluid intake, NFP protocol
Pregnancy	T G & C	exercises	suggested activity program; balanced rest/activity; pacing activities, NFP protocol
Pregnancy	T G & C	feeding procedures	infant feeding options; benefits of breastfeeding
Pregnancy	T G & C	signs/symptoms mental/emotional	stress/depression, positive coping strategies
Pregnancy	T G & C	signs/symptoms physical	danger signs of pregnancy; when to notify providers
Pregnancy	T G & C	signs/symptoms physical	onset of labor
Pregnancy	Case Management	social work/counseling care	schedule/provide services, coordination among providers, referral
Pregnancy	Case Management	nutritionist care	schedule/provide services, coordination among providers, referral

Substance use	Surveillance	substance use cessation	use patterns (tobacco)
Substance use	Surveillance	substance use cessation	use patterns (drugs/alcohol)
Substance use	T G & C	behavior modification	decrease/stop smoking/tobacco use, NFP protocol
Substance use	T G & C	substance use cessation	effects of use on self and others (drugs/alcohol)
Substance use	T G & C	substance use cessation	effects of use on self and others (tobacco)
Substance use	Case Management	other community resources	schedule/provide services, coordination among providers, referral
Substance use	Case Management	support group	telephone information/reassurance

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