

# Visit Report

Visit date 12/14/2009

Client SEN1000 Senior, Client

## Visit

### Activity Details

Start time: 10:00 AM  
End time: 11:30 AM  
Service: Case Management  
Employee: Crawford, Joan  
Activity Summary: HV by SW due to referral from Dr. DoGood to Seniors First. Multiple needs identified with this 75 year-old widow with no living relatives who lives alone in a small house. Assessment done today, referrals made per charting.  
Plan:  
1. Appt for next HV made for January 3, 2010 at 10:00 for follow-up.

### Human Services

Food secure: Yes  
Health care adequate: Services secured  
Fall Risk: Yes  
Hearing, vision & mobility adequate for safety: No  
Transportation needs met: Yes  
Referrals made: Made appt with Primary care provider for physical.

### TCM Activity

#### Coumadin

#### Falls Risk Assessment

Gait: Unsteady  
Assistive Device: Yes  
Assistive Device (if Yes): walker

### ADRC

### Pathways

Elderly Waiver Washington County

### Problems

#### Income

Priority: High  
Severity: Actual  
Scope: Individual

#### Signs/Symptoms

- able to buy only necessities

Knowledge: 2 - Minimal knowledge  
Behavior: 3 - Inconsistently appropriate  
Status: 3 - Moderate signs/symptoms  
Identified: 12/14/2009

### Interventions

#### Assess (Surveillance)

##### finances

income versus expenses  
Notes: She lives on a small social security check and her late husband's pension check. She says

that she cannot afford the Vitamin D/calcium supplements that Dr. DoGood has suggested. She has two cats and three dogs and often goes without food herself so that she can buy food for them.

#### Teaching, Guidance and Counseling

finances  
Auto-deposit checks  
Notes: Explained how to arrange.  
transportation  
Dial-a-Ride

#### Residence

Priority: High  
Severity: Actual  
Scope: Individual

#### Signs/Symptoms

- cluttered living space
- unsafe mats/throw rugs

Knowledge: 3 - Basic knowledge  
Behavior: 3 - Inconsistently appropriate  
Status: 2 - Severe signs/symptoms  
Identified: 12/14/2009

### Interventions

#### Assess (Surveillance)

##### safety

home safety assessment  
Notes: is embarrassed at how messy her house is ("I used to keep such a neat house, but now it is just too much for me to handle").  
neighborhood safety  
Notes: She is afraid to leave her home due to the high crime rate in her neighborhood.

#### Teaching, Guidance and Counseling

##### home

senior housing  
Notes: Explained the services available there. They have individual apartments with kitchens and have call lights for help. Meals are available and there is a recreation room. A nurse checks in weekly to set-up medications and to check on you. Client says, "That sounds very nice, but I could never afford that." Explained the housing is subsidized and income based.

#### Case Management

##### home

public/governmental housing  
In-Home Supportive Services  
Notes: assistance with housekeeping, meal preparation, etc  
housing designed for functional limitations  
Notes: Application filed for senior housing.

#### Interpersonal relationship

Priority: High  
Severity: Actual  
Scope: Individual

#### Signs/Symptoms

- difficulty establishing/maintaining relationships
  - inappropriate suspicion/manipulation/control
- Knowledge: 3 - Basic knowledge  
 Behavior: 3 - Inconsistently appropriate  
 Status: 3 - Moderate signs/symptoms  
 Identified: 12/14/2009

**Interventions****Assess (Surveillance)**interaction

status of relationships

*Notes: states that she knows a few neighbors but that most of her friends and all of her relatives are dead. She states that she is very lonely and would like to find people her age to talk to.*

inappropriate assistance with finances by neighbor  
*Notes: Neighbor cashes checks for her and "takes something for his trouble." Checks viewed by SW -- strong suspicion that the neighbor has been taking up to \$250 per month.*

**Teaching, Guidance and Counseling**support group

senior center

*Notes: described programs*

finances

Discuss suspicions of neighbor's inappropriate use of her money

**Case Management**social work/counseling care

Adult Protective Services

*Notes: Referral to APS regarding neighbor cashing checks and taking up to \$250/month. evaluation*

**Hearing**

Priority: Low  
 Severity: Actual  
 Scope: Individual

**Signs/Symptoms**

- difficulty hearing normal speech tones
- Identified: 12/14/2009  
 Problem Notes: *Occasionally need to raise voice so Mrs. Jensen can hear. Hearing appears adequate for safety.*

**Interventions****Assess (Surveillance)**medical/dental care

receives care when scheduled; hearing care

**Vision**

Priority: High  
 Severity: Actual  
 Scope: Individual

**Signs/Symptoms**

- difficulty seeing small print/calibrations
- Knowledge: 3 - Basic knowledge  
 Behavior: 4 - Usually appropriate  
 Status: 3 - Moderate signs/symptoms

Identified: 12/14/2009

**Interventions****Assess (Surveillance)**signs/symptoms-physical

diminished vision

*Notes: Eye glasses very thick, uses magnifying glass to read.*

medical/dental care

receives care when scheduled; vision care

*Notes: Does not remember when her last appt was.*

**Case Management**medical/dental care

schedule/provide services; utilization of care

*Notes: Eye appt scheduled for January 15th, 2010 at 2:00.*

**Oral health**

Priority: Low  
 Severity: Adequate  
 Knowledge: 3 - Basic knowledge  
 Behavior: 4 - Usually appropriate  
 Status: 5 - No signs/symptoms  
 Identified: 12/14/2009

**Interventions****Assess (Surveillance)**medical/dental care

receives care when scheduled; dental care

**Neuro-musculo-skeletal function**

Priority: High  
 Severity: Actual  
 Scope: Individual

**Signs/Symptoms**

- decreased muscle strength
- Knowledge: 3 - Basic knowledge  
 Behavior: 3 - Inconsistently appropriate  
 Status: 3 - Moderate signs/symptoms  
 Identified: 12/14/2009

**Interventions****Assess (Surveillance)**signs/symptoms-mental/emotional

coping mechanisms: fear of falling

*Notes: Purchased a cane at Walgreens after fall. States, "I am so afraid since I fell last month. I could have died! Thank God my neighbor came over to get my checks to take to the bank."*

safety

mobility: history of falling

*Notes: Tripped on a throw rug in her house last month and lay unattended for 24 hours until a neighbor discovered her.*

medication action/side effects

takes as prescribed; vitamin D & calcium

*Notes: Is taking prescribed medication, does not take Vit D and Calcium,*

**Case Management**

physical therapy care  
gait training with cane  
evaluation

Notes: Friday December 20th at 10:00 AM with  
Therapists, Inc.

transportation to get there,

**Case Management**

physical therapy care  
coordination among providers: evaluation and  
potential treatment

**Nutrition**

Priority: High  
Severity: Actual  
Scope: Individual

**Signs/Symptoms**

- unexplained/progressive weight loss
  - unable to obtain/prepare food
- Knowledge: 2 - Minimal knowledge  
Behavior: 3 - Inconsistently appropriate  
Status: 3 - Moderate signs/symptoms  
Identified: 12/14/2009

**Health care supervision**

Priority: High  
Severity: Potential  
Scope: Individual  
Knowledge: 2 - Minimal knowledge  
Behavior: 3 - Inconsistently appropriate  
Status: 5 - No signs/symptoms  
Identified: 12/14/2009  
Problem Notes: Takes Lovastatin 20mg daily for  
high cholesterol and Accupril  
10mg daily for high blood  
pressure. Physician has also  
suggested that she take a Vitamin  
D and calcium supplement daily  
which she does not take.

**Interventions**

**Assess (Surveillance)**

dietary management  
follows suggested diet  
Notes: Heats frozen meals in the microwave for  
dinner and eats tea and toast for breakfast and  
lunch.

**Case Management**

dietary management  
home-delivered meals  
Notes: Made arrangement for Meals on Wheels to  
deliver each evening starting tomorrow,  
December 15th  
nutritionist care  
schedule/provide services  
Notes: Scheduled December 19th at 1:00

**Interventions**

**Assess (Surveillance)**

medical/dental care  
adequate/appropriate  
Notes: Has seen Dr. DoGood for ten years with  
regular appointments.

**Case Management**

safety  
Senior Alert system  
Notes: to help her call for assistance if she falls  
again or needs medical assistance. Appt made for  
tomorrow, December 15th at 11:00 AM.  
medical/dental care  
evaluation  
Notes: Report to Dr. DoGood regarding findings  
and recommendations.  
continuity of care  
coordination among providers  
Notes: PHN to visit Monday, December 18th at  
10:00.

**Physical activity**

Priority: High  
Severity: Actual  
Scope: Individual

**Signs/Symptoms**

- sedentary life style
  - inadequate/inconsistent exercise routine
  - inappropriate type/amount of exercise for  
age/physical condition
- Knowledge: 2 - Minimal knowledge  
Behavior: 2 - Rarely appropriate  
Status: 3 - Moderate signs/symptoms  
Identified: 12/14/2009

**Problems Not Addressed At This Time**

**Vitals**

- General
- Pregnancy
- Post-Partum
- Child
- Domestic Violence (custom Tab 2)
- Family Planning (custom tab 4)
- My Custom Vitals Tab 1
- Pain Assessment
- Wound Care

**Interventions**

**Assess (Surveillance)**

mobility/transfers  
daily activity level  
Notes: afraid to leave home

**Teaching, Guidance and Counseling**

behavior modification  
increase appropriate physical activity  
Notes: Programs at senior center and low-cost

Signature: \_\_\_\_\_